

What's Happening at Camp Today?

Most rotations are in 30-minute increments. The times listed are approximate depending on the number of kids and groups attending.

7:45-8:30am **Early Drop Off** time to play board games, color, etc...

8:30AM **Campers Day** begins

9-10am **Lets Get Moving** kids will be playing games on the floor, at the playground, in the truck well outside, and free playing in the gym.

10-11am **Snack and Craft time** kids will be served a snack, crafts include science play, art, or stem activities.

10:30-12pm **Moving and Shaking** More time for the kids to play on the floor! Obstacle courses, relay races, fort building and more free play

11:30-1pm- **Lunch Break** Campers must bring their own lunch. No Refrigerator or microwave items please.

12-2:30pm **Stretching and moving** campers get to use equipment to practice their gymnastics skills, also playing games to get the kids active, kids yoga.

2-3pm **Snack and Craft** kids will be served a snack, crafts include science play, art, or stem activities

3-4pm **Animated camper** board games, minute to win it, free play, outdoor play, obstacle courses and relay races.

4:15-5:15 pm **Late Pick up** playing on the playground unless it is raining. Rain day activities include play board games, or coloring.

Programs

Preschool Gymnastics

Kids starting at walking are welcome in our preschool classes. We offer parent/child and independent classes for all your little ones' needs.

Girls' Gymnastics

Starting at kindergarten, students will work on the 4 Olympic recognized events: Bars, Beam, Floor, and Vault. Also, Trampoline, stretching, and conditioning are part of our curriculum.

GO Ninja

This co-ed class encourages students to explore how their bodies move in space and to test their physical abilities. It also raises confidence through overcoming fears and mental barriers. It combines elements of gymnastics, tumbling, free running, and tricking.

Tumbling

These punch pass classes are for those who are interested in working on tumbling skills. Students ages 7+ who want to tumble in a safe and structured environment are encouraged to try these classes.

Camps

During the school year, camps are offered on Craven County School days off. Over the summer, we offer 11 weeks of fun camps. Camps start at 7:45am and run through 5:15pm.

After School Enrichment

This program, designed for grades K-5, picks up students at several local schools. Children return to the gym for exercise/play, snack, and time to properly complete homework. Hours are from 3-6pm daily. Students in ASE receive 25% off any classes taken during ASE hours.

School Break Camp

www.newberngymnastics.com
252-635-2100



What should my child wear?

Students should wear comfortable, athletic clothing, please no zippers or buttons. The children will be barefoot in the gym, please have easy slide on shoes for outside activities. Mid-drifts must be covered. No jewelry (exception of stud earrings) and hair must be tied back. Visit our Pro Shop for a great variety of leotards and athletic gear.

Activities Include

GAMES

RELAY RACES

YOGA

PAINTING

CRAFTS

FREE TIME

ROPE SWING

READING



School Break

Daily/ Weekly Pricing

	Full Day 7:45-5:15
1 Day	\$47.00
2 Days	\$85.00
3 Days	\$117.00
4 Days	\$145.00
5 Days	\$167.00

****Ages 5-12****

NBG does not provide lunch

There is a \$25 nonrefundable/non transferrable deposit due for each week of registration. The deposit will go towards the total amount due each week. All payments are due by the Friday prior to camp at 9am.

NBG has gone paperless! All policies and waivers must be approved online this year thru the customer portal.

Camp Themes

**Happy Harvest
October 21**

**Woodland Creatures
November 10&11**

**Winter Wonderland
December 22-23
December 27-30**

**World Traveler
Jan 2-6 & 9**

**Fortune Cookie Fun
January 16**

**Presidential Fun
February 20**

**The Ants Go Marching
March 22**

**The Mystery Machine
April 10-14**